

When to Use Soap



- Use soap and water when **hands are visibly soiled or contaminated** with blood or other bodily fluids.

Visibly Soiled = Hands on which soil or bodily fluids are readily visible.

- After caring for patients with *Clostridioides difficile* (C. diff) infection
- Before eating
- After using the restroom
- Per your facility's policy

When to Sanitize



- Use alcohol-based hand rub (ABHR) **in all other clinical situations** if hands are not visibly soiled.

Well-formulated products often contain conditioners and emollients that can benefit the skin.

**ABHR is the gold standard
in all situations when hands
are not visibly soiled**

World Health Organization. WHO Guidelines on Hand Hygiene in Health Care - 2009:1-205.

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