

# How to Sanitize



1

Take one pump of product.



2

Rub hands palm to palm.



3

Rub right palm over top of left hand with interlaced fingers. Repeat with left palm over top of right hand.



4

Rub palms together with fingers interlaced.



5

Rub backs of fingers to opposing palms with fingers interlocked.



6

Rotate rubbing the left thumb clasped in the right palm. Repeat with right thumb clasped in the left palm.



7

Rotate rubbing backwards and forwards with clasped fingers of your right hand in your left palm. Repeat with fingers of your left hand in your right palm.



8

Once your hands are dry they are safe to care for patients.

**Hands should be rubbed together for at least 15 seconds.**