

# Covid-19 Resources

By webinar speakers

World Health Organization information and advice:

- [https://www.who.int/health-topics/coronavirus#tab=tab\\_1](https://www.who.int/health-topics/coronavirus#tab=tab_1)

Josephine Ocloo

- <https://blogs.bmj.com/bmj/2020/06/02/being-heard-not-seldom-heard-democratising-research-with-diverse-communities-during-the-covid-19-pandemic>
- [From tokenism to empowerment: progressing patient and public involvement in healthcare improvement - https://qualitysafety.bmj.com/content/qhc/25/8/626.full.pdf](https://qualitysafety.bmj.com/content/qhc/25/8/626.full.pdf)

Hussain Jafri

- <https://blogs.bmj.com/bmj/2020/05/12/patients-in-pakistan-are-actively-participating-in-relief-activities-during-the-covid-19-pandemic/>

Alex Adusei

- <https://blogs.bmj.com/bmj/2020/05/07/covid-19-is-hitting-communities-in-ghana-hard/>

Sharon Nettleton

- <https://www.patientsafetyinstitute.ca/en/About/Programs/PPSC/Pages/Activities.aspx>

Other

- BMJ Coronavirus page: <https://www.bmj.com/coronavirus>
- BMJ Patient perspective (many recent posts on coronavirus) <https://blogs.bmj.com/bmj/category/patient-perspectives/>
- JAMA: Socially Distanced Medicine by A. Bond: <https://jamanetwork.com/journals/jama/fullarticle/2767164>
- Family presence policies: <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/visiting-sha-facilities>

From Marty

- [Coronavirus.gov](https://www.coronavirus.gov) is the source for the latest information about COVID-19 prevention, symptoms, and answers to common questions.
- [CDC.gov/coronavirus](https://www.cdc.gov/coronavirus) has the latest public health and safety information from CDC and for the overarching medical and health provider community on COVID-19.
- [USA.gov](https://www.usa.gov) has the latest information about what the U.S. Government is doing in response to COVID-19.

- National Alliance on Mental Illness (NAMI): *COVID 19 Information and Resources* (<https://www.nami.org/Support-Education/NAMI-HelpLine/COVID-19-Information-and-Resources>)
- American Association of Retired Persons (AARP) family caregiver resources: <https://www.aarp.org/caregiving/health/>
- Patient Safety Movement Foundation (PSMF): *Helpful Covid-19 Resources* (<https://patientsafetymovement.org/helpful-coronavirus-covid-19-resources/>)

## Selected Covid-19 Tools for Patients and Family Caregivers

### Patient Safety Movement Foundation (PSMF):

- *Guide to Medical Care at a Distance:* <https://www.dropbox.com/s/m052xhjxsjsrjv/Guide%20to%20Medical%20Care%20at%20a%20Distance.pdf?dl=0>
  - This infographic outlines what patients, families, and advocates can do to engage from a distanced during hospitalization. Organized by four stages:
    1. Admission
    2. Daily, during hospitalization
    3. Discharge
    4. After discharge
- *Hospital Plan of Care* (Form designed for family caregivers to use to get the necessary information from the care team): <https://www.dropbox.com/s/ro06j84zpmssqpw/POC%20Blank%20April%2019.pdf?dl=0>

### American Association for Retired Persons (AARP)

- *6 Questions to Ask if Your Loved One Is in a Quarantined Facility* (<https://www.aarp.org/caregiving/health/info-2020/questions-for-quarantined-facility.html>)
- *The COVID 19 Imperative: Keep Family Caregivers and Long-Term Care Facility Residents Connected* (<https://blog.aarp.org/thinking-policy/the-covid-19-imperative-keep-family-caregivers-and-long-term-facility-residents-connected>)

### Project Patient Care (PPC)

- Guidance on visitor rules in hospitals and nursing homes: <https://www.projectpatientcare.org/wp-content/uploads/2020/04/ppccovid19april5.pdf>
- *Recommendations for and by Patients, Families, and Caregivers for Elective Surgeries and Invasive Procedures During COVID-19 Pandemic:* <https://www.projectpatientcare.org/wp-content/uploads/2020/05/patientandcaregiverperspectiveselectivefinal.pdf>

### Blog post, *Covid Cohorts: You are sick but not alone:*

<https://joshuaweissburg.com/2020/04/12/covid-cohorts-you-are-sick-but-you-are-not-alone/>

## Selected Covid-19 Tools and Resources

### Tools for Provider Audiences

CMS Guidance on Visitation and Discharge for Covid-19 Infection control and prevention:

- Medicare and C-19 landing page: <https://www.medicare.gov/medicare-coronavirus>
- Hospitals, Psychiatric Hospitals and Critical Access Hospitals: <https://www.cms.gov/files/document/qso-20-13-hospitals-cahs-revised.pdf>
- Nursing homes: [https://skillednursingnews.com/wp-content/uploads/sites/4/2020/03/QSO-20-14-NH-REVISED-3-13-2020\\_0.pdf](https://skillednursingnews.com/wp-content/uploads/sites/4/2020/03/QSO-20-14-NH-REVISED-3-13-2020_0.pdf)

Vizient Covid-19 Resource Page (updated daily): <https://www.vizientinc.com/covid-19>

Centers to Advance Palliative Care (CAPC): *COVID-19 Response Resources*

(<https://www.capc.org/toolkits/covid-19-response-resources/>)

- CAPC provides a toolkit on communication during end of life/palliative situations customized to Covid 19 situations

University of Wisconsin: *Best Case/Worst Case: ICU, with Special Content for Patients with COVID-19*

([https://www.hipxchange.org/BCWC\\_COVID-19](https://www.hipxchange.org/BCWC_COVID-19))

- Designed to help palliative care clinicians and other clinicians navigate daily conversations with patients' families. It also informs critical care clinicians about the lives of the patients they are caring for and supports families who are absent from the patients' bedside.

### Advanced Directives and End of Life Care

- POLST Portable Medical Orders: <https://polst.org/about/>
- AARP forms for all States: <https://www.aarp.org/caregiving/financial-legal/free-printable-advance-directives/>
- Respecting Choices: *Covid-19 Resources*: <https://respectingchoices.org/covid-19-resources/>
- Project Patient Care podcast, *Advance Care Planning During "Normal" and Covid-19 Times*: <https://www.projectpatientcare.org/podcasts/>

### Selected News Articles

*Comfort amid the chaos: How 4 systems are helping patients connect with loved ones during the pandemic:*

<https://www.beckershospitalreview.com/patient-experience/comfort-among-the-chaos-how-4-systems-are-helping-patients-connect-with-loved-ones-during-the-pandemic.html>

COVID-19 visitor restrictions are forcing hospitals to find new ways for all patients, not just those with the virus, to connect with their loved ones and, in some cases, say goodbye. These connections come in many different shapes and forms -- a dying patient video-chatting with her incarcerated son or

clinicians playing a family member's recorded voice message in a critically ill patient's ear — but they all have the same goal: to maintain patient-centered, holistic care, even amid the grim realities of the pandemic.

*iPads Are Crucial Health Care Tools in Combating Covid-19:* <https://www.wired.com/story/ipads-crucial-health-tools-combating-covid-19/>

Hospitals are deploying tablets and smartphones to protect staff, PRE, and help patients connect with loved ones.

*Grandma Rocket, the Virus and a Family Whose Love Bridged 2,500 Miles:*  
<https://www.nytimes.com/2020/05/02/nyregion/hospital-family-coronavirus.html>

Addresses language, distance and determination of patient wishes during provider/family communication and decision making.

Media addressing Morale & Gratitude:

- Blog post, *In a pandemic, does patient feedback still matter?*  
[https://blogs.bmj.com/bmj/2020/03/30/james-munro-in-a-pandemic-does-patient-feedback-still-matter/?utm\\_source=twitter&utm\\_medium=social&utm\\_term=hootsuite&utm\\_content=sme&utm\\_campaign=usaqe](https://blogs.bmj.com/bmj/2020/03/30/james-munro-in-a-pandemic-does-patient-feedback-still-matter/?utm_source=twitter&utm_medium=social&utm_term=hootsuite&utm_content=sme&utm_campaign=usaqe)
- Twitter thread: *7 tips on boosting the effects of gratitude:*  
<https://twitter.com/GiskinDay/status/1241303041015513088>
- AARP: *Innovative ways to say thank you.* <https://www.aarp.org/health/conditions-treatments/info-2020/tributes-to-health-care-workers.html>

From Helen

1) Interactive maps and statistics:

- Worldometers Coronavirus Cases <https://www.worldometers.info/coronavirus/>
- Our World in Data Coronavirus Disease (COVID-19) – Statistics and Research (Oxford) <https://ourworldindata.org/coronavirus>
- Institute for Health Metrics and Evaluation COVID-19 Country-by-country projections <http://www.healthdata.org/>
- EndCoronavirus.org - Facts and figures by state and country <https://www.endcoronavirus.org/states>
- CDC: Cumulative US Death Statistics - combined projections from 8 models: <https://www.cdc.gov/coronavirus/2019-ncov/covid-data/forecasting-us.html>

2) Resources for patients and providers:

- World Health Organization Coronavirus disease outbreak <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/>
- BMJ's Coronavirus hub <https://www.bmj.com/coronavirus>
- Kurzgesagt: The Coronavirus Explained & What You Should Do <https://www.youtube.com/watch?v=BtN-goy9VOY&t=2s>

- Handbook of COVID-19 Prevention and Treatment based on experience of doctors at Zhejiang University in China <https://covid-19.alibabacloud.com/>
- International Society for Quality in Healthcare (ISQua) Patient Safety Recommendations for Covid 19 Epidemic Outbreak: Lessons from the Italian Experience <https://www.isqua.org/resources-blog/blog/patient-safety-recommendations-for-covid19-epidemic-outbreak.html>
- Internet Book of Critical Care <https://emcrit.org/ibcc/covid19/>

### 3) Up-to-date publication lists:

- LitCovid <https://www.ncbi.nlm.nih.gov/research/coronavirus/>
- COVID-19 preprints from medRxiv and bioRxiv <https://connect.medrxiv.org/relate/content/181>
- International GME <https://portal.internationalgme.org/neweventres>

### 4) News coverage

- The Guardian Coronavirus Live - up-to-date archive of daily international news <https://www.theguardian.com/world/series/coronavirus-live>
- New York Times Coronavirus Outbreak Live Updates <https://www.nytimes.com/news-event/coronavirus>